

BEFORE FRACTIONAL LASER (SRF) INSTRUCTIONS

- Avoid sun exposure (apply sunscreen daily and do not tan at all – including self-tanner) for 2 to 3 weeks before and after treatments.
- Do not use any retinol products (or products containing tretinoin) or exfoliants on the area to be treated for two weeks. Avoid Accutane (or isotretinoin products) for 6 months prior.
- Let your doctor know if you have a history of hyperpigmentation.
- Anti viral therapy is recommended for patients with a history of cold sores.
- You must notify the technician if you have had any cosmetic tattooing on or near the area to be treated.
- Photosensitizing medications including doxycycline and minocycline should be discontinued three days prior to the treatment.
- Anticipate a social “down-time” of 3-5 days before any redness, swelling has subsided. You may continue to have marks for one week.
- We recommend planning your treatment at least two weeks prior to an important event.
- Arrive to your appointment with a clean face, free of makeup. A topical numbing cream will be applied to the treated area at the clinic.

AFTER FRACTIONAL LASER (SRF) INSTRUCTIONS

- Your face will likely feel sunburned for 1-4 hours. Ice, cool wash clothes and fanning can help relieve the discomfort.
- Your skin will be fragile. Use gentle cleansers, do not rub the skin and avoid hot water during this time. Do not exfoliate between treatments or for two weeks after your final treatment.
- Avoid the sun and use sun block for 4 to 6 weeks.
- Avoid excessive heat or friction to the treated area (heavy exercise, saunas) for one week.
- Please contact us as soon as possible if you experience any blistering, increase pain or concerns for infection.
- If you have any further questions or concerns please call us at (303) 647-5307.