

BEFORE SKINPEN INSTRUCTIONS

- Avoid sun exposure for 24 hours prior to treatment.
- Discontinue topical retinoids 48 hours prior to treatment.
- Discontinue NSAIDS, fish oils, Vit E and D four days prior.
- Do not exfoliate or use exfoliating agents for four days prior to Skinpen treatment.
- Avoid alcohol consumption for 24 hours prior to treatment.
- Avoid active breakouts or open sores. Ask about antiviral therapy if you have a history of cold sores.
- Allow 24 hours after autoimmune therapies prior to treatment.
- Allow 6 months after oral isotretinoin prior to treatment.
- Patients classified as Fitzpatrick IV-VI may darken prior to lightening.

AFTER SKINPEN INSTRUCTIONS

- Avoid excessive exercise, sweating or sun exposure for 72 hours after treatment.
- Only use the Rescue Calming Complex and the Lift HA Serum for the next 24 hours. Do not use any other cleansers, moisturizers or sunblocks.
- Days 2 through 4 post procedure - use a gentle cleanser and a zinc oxide sunblock.
- Only use the Rescue Calming Complex and the Lift HA Serum for the next twenty-four hours.
- Follow the SkinFuse protocol as directed if indicated.
- Do not pick, peel or irritate your skin.
- Avoid other aesthetic skin care to the treatment area for four weeks.
- Schedule a follow up in 4 weeks. Call (303) 647-5307 for immediate evaluation with any concerning changes.